

**2007 Youth Risk Behavior Survey
Montana Native American/Reservation
Trend Report**

<i>Injury and Violence</i>	1995	1997	1999	2001	2003	2005	2007
Percentage of students who . . .							
Rode a bicycle and never or rarely wore a bicycle helmet during the past 12 months	96.4	96.1	96.6	93.6	95.1	96.9	95.9
Never or rarely wore a seat belt when riding in a car driven by someone else	46.7	47.7	34.5	30.0	29.5	27.8	25.7
Never or rarely wore a seat belt when driving a car				37.3	38.1	35.8	32.4
Rode in a car driven by someone who had been drinking alcohol during the past 30 days	57.0	52.4	53.3	47.6	43.6	47.3	45.8
Drove a car when they had been drinking alcohol during the past 30 days	32.1	26.7	27.2	24.8	21.3	25.5	22.6
Carried a weapon such as a gun, knife, or club during the past 30 days	24.1	28.4	21.4	24.0	17.3	20.0	20.1
Carried a gun during the past 30 days	14.3	16.4	9.1	12.6	8.7	10.6	9.6
Carried a weapon on school property during the past 30 days	12.0	17.3	12.2	11.8	8.7	10.5	10.3
Did not go to school because they felt unsafe at school or on their way to or from school during the past 30 days	8.5	7.9	8.9	11.0	7.3	7.7	10.2
Had been threatened or injured with a weapon on school property during the past 12 months	8.8	8.4	9.1	11.8	6.8	9.8	7.8
Had property such as their car, clothing, or books stolen or deliberately damaged on school property during the past 12 months					26.2	27.7	22.2
Were in a physical fight during the past 12 months	48.5	45.4	43.9	41.1	40.8	43.9	42.2
Were injured in a physical fight that required medical treatment during the past 12 months	9.1	10.6	9.0	9.4	6.6	8.6	8.0
Were in a physical fight on school property during the past 12 months	23.0	20.7	14.9	17.0	15.2	16.1	16.8
Were hit, slapped, or physically hurt on purpose by their boyfriend or girlfriend during the past 12 months			16.9	13.5	15.2	13.6	16.2
Have ever been physically forced to have sexual intercourse when they did not want to			14.6	11.1	8.8	12.8	11.4
Felt so sad or hopeless for two weeks or more in a row that they stopped doing some usual activities during the past 12 months			32.4	31.1	30.0	32.4	32.8
Seriously considered attempting suicide during the past 12 months	17.9	23.3	21.6	24.2	17.5	22.3	18.1
Made a plan about how they would attempt suicide during the past 12 months	15.6	20.3	18.2	20.1	14.0	18.9	17.6
Actually attempted suicide during the past 12 months	11.2	12.9	16.2	20.4	15.3	16.6	15.8
Had a suicide attempt resulting in injury, poisoning, or overdose that required medical treatment during the past 12 months	4.9	4.4	8.0	7.4	4.3	5.1	4.9

**2007 Youth Risk Behavior Survey
Montana Native American/Reservation
Trend Report**

<i>Tobacco Use</i>	1995	1997	1999	2001	2003	2005	2007
Percentage of students who . . .							
Ever tried cigarette smoking	91.7	89.4	86.9	83.7	84.5	82.9	83.4
Smoked a cigarette before age 13	40.0	41.9	41.8	46.2	42.2	41.5	33.5
Smoked a cigarette on one or more of the past 30 days ("current")	66.9	60.1	53.4	51.5	52.1	52.2	47.9
Smoked cigarettes on 20 or more of the past 30 days ("frequent")	30.7	28.0	27.4	25.2	21.8	17.9	15.0
Among current smokers, smoked more than 10 cigarettes per day on the days they smoked during the past 30 days	6.5	5.0	10.0	9.5	5.1	7.0	3.8
Usually got their cigarettes by buying them in a store or gas station during the past 30 days				13.9	10.7	13.6	10.4
Smoked cigarettes on school property during the past 30 days	37.6	29.3	22.8	24.4	18.6	20.5	18.5
Ever smoked cigarettes daily, that is, at least one cigarette every day for 30 days ("regular")			41.2	34.2	33.0	30.4	29.6
Among current smokers, tried to quit smoking during the past 12 months				42.9	37.4	37.1	68.9
Used chewing tobacco, snuff, or dip during the past 30 days	47.7	30.1	21.9	26.3	20.8	28.8	25.8
Used chewing tobacco, snuff, or dip on school property during the past 30 days	39.7	23.0	16.0	18.7	16.0	21.0	18.7
Smoked cigars, cigarillos, or little cigars during the past 30 days			12.4	12.6	10.9	15.3	13.6

**2007 Youth Risk Behavior Survey
Montana Native American/Reservation
Trend Report**

<i>Alcohol and Other Drug Use</i>	1995	1997	1999	2001	2003	2005	2007
Percentage of students who . . .							
Had at least one drink of alcohol during their life	82.7	81.4	83.6	77.2	77.7	83.1	78.6
Had first drink of alcohol before age 13	35.8	39.9	31.1	37.4	31.5	31.2	31.1
Had at least one drink of alcohol during the past 30 days ("current")	58.6	48.4	55.0	54.8	48.8	56.3	53.9
Had five or more drinks of alcohol in a row during the past 30 days ("binge drink")	50.2	41.2	47.8	47.0	42.7	44.9	45.7
Had at least one drink of alcohol on school property during the past 30 days	8.7	12.7	10.9	14.0	10.9	12.1	12.2
Used marijuana during their life	71.3	75.2	73.9	72.6	74.2	74.7	69.9
Tried marijuana before age 13	24.2	25.4	31.0	37.1	35.4	37.9	30.8
Used marijuana during the past 30 days ("current")	42.5	52.3	51.2	50.1	44.6	51.0	44.1
Used marijuana on school property during the past 30 days	16.0	21.7	16.8	20.5	15.9	15.9	15.9
Used any form of cocaine during their life	18.3	19.7	21.4	19.1	15.1	15.4	14.7
Used any form of cocaine during the past 30 days ("current")	7.1	9.9	10.2	11.4	6.1	6.6	6.4
Used inhalants during their life	37.9	29.1	24.2	20.0	21.3	23.5	24.9
Used heroin during their life			5.3	5.7	2.4	2.8	3.8
Used methamphetamines during their life			26.8	22.8	15.8	15.2	10.8
Used ecstasy during their life					8.0	6.9	7.4
Took steroid pills or shots without a doctor's prescription during their life	4.5	7.3	7.3	10.1	6.1	4.2	5.1
Used a needle to inject any illegal drug into their body during their life	4.3	4.3	5.3	4.5	2.8	3.8	4.4
Were offered, sold, or given an illegal drug on school property during the past 12 months	36.9	41.6	36.6	35.7	32.4	30.5	26.6

**2005 Youth Risk Behavior Survey
Montana Native American/Reservation
Trend Report**

<i>Sexual Behaviors</i>	1995	1997	1999	2001	2003	2005	2007
Percentage of students who . . .							
Ever had sexual intercourse	72.6	63.0	63.8	61.0	66.2	69.4	67.1
Had sexual intercourse before age 13	14.4	14.0	10.8	12.6	14.5	12.6	12.7
Had sexual intercourse with four or more people during their life	30.6	26.6	26.2	20.7	27.7	29.9	26.0
Had sexual intercourse during the past three months ("current")	43.3	39.4	41.5	37.5	43.5	47.9	45.9
Drank alcohol or used drugs before last sexual intercourse	35.7	39.0	42.2	37.2	35.9	26.9	37.8
Currently sexually active and used a condom during last sexual intercourse	45.7	51.1	50.7	64.8	63.0	61.2	64.7
Currently sexually active and used birth control pills to prevent pregnancy before last sexual intercourse	9.9	10.9	6.8	7.4	11.5	10.0	8.0
Had ever been taught about AIDS or HIV infection	90.2	89.8	87.4	84.5	84.7	85.7	84.0

**2007 Youth Risk Behavior Survey
Montana Native American/Reservation
Trend Report**

<i>Weight Management and Dietary Behaviors</i>	1995	1997	1999	2001	2003	2005	2007
Percentage of students who . . .							
Described themselves as slightly or very overweight	37.0	36.6	37.9	38.3	38.5	39.8	39.2
Were trying to lose weight	47.1	49.7	47.0	51.3	50.2	52.3	51.6
Exercised to lose weight or to keep from gaining weight during the past 30 days	52.3	54.4	59.8	64.3	66.5	65.1	66.7
Ate less food, fewer calories, or foods low in fat to lose weight or to keep from gaining weight during the past 30 days			42.3	44.3	39.1	41.2	35.2
Went without eating for 24 hours or more to lose weight or to keep from gaining weight during the past 30 days			17.4	22.8	15.3	18.5	15.1
Took diet pills, powders, or liquids without a doctor's advice to lose weight or to keep from gaining weight during the past 30 days			12.7	10.4	10.7	7.4	7.5
Vomited or took laxatives to lose weight or to keep from gaining weight during the past 30 days	6.7	6.6	7.4	8.6	5.6	8.2	7.7
Drank 100% fruit juices during the past seven days			85.7	85.0	84.4	82.8	84.0
Ate fruit during the past seven days			86.9	88.8	87.4	88.4	87.9
Ate green salad during the past seven days			67.9	70.5	66.3	64.0	61.0
Ate potatoes during the past seven days			73.1	76.5	69.5	68.9	70.2
Ate carrots during the past seven days			52.4	55.2	49.3	46.7	46.7
Ate other vegetables during the past seven days			81.5	82.3	76.1	75.9	78.1
Drank three or more glasses per day of milk during the past seven days			15.2	16.8	14.4	13.5	14.8

**2007 Youth Risk Behavior Survey
Montana Native American/Reservation
Trend Report**

<i>Physical Activity</i>	1995	1997	1999	2001	2003	2005	2007
Percentage of students who . . .							
Were physically active for a total of at least 60 minutes per day on five or more of the past seven days						27.2	40.1
Watched three or more hours per day of TV on an average school day			38.0	38.1	38.4	36.7	36.3
Played video or computer games two or more hours on an average school day							32.1
Attended physical education (PE) classes on one or more days in an average week when they were in school	58.8	60.3	57.4	62.0	63.2	58.7	63.5
Attended physical education (PE) classes daily in an average week when they were in school	38.3	41.3	41.9	32.4	32.9	35.2	43.3
Played on one or more sports teams during the past 12 months			59.8	65.1	60.8	66.4	65.4

<i>Other</i>	1995	1997	1999	2001	2003	2005	2007
Percentage of students who . . .							
Had ever been told by a doctor or nurse that they had asthma						19.1	19.4
Still have asthma							15.0